

OCTOBER 2019 - Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EEC Breakfast (Prep Sites) <i>MENUS ARE SUBJECT TO CHANGE</i>				
	10-1 Morning Beef Sausage Sandwich Fruit Got Milk	10-2 French Toast Trio - V or Mini French Toast Bites - V Fruit Got Milk	10-3 Cinnamony Pancakes - V Fruit Got Milk	10-4 Breakfast Sausage Square Fruit Got Milk
10-7 French Toast Trio - V Fruit Got Milk	10-8 Fiesta Bean & Cheese Burrito - V Fruit Got Milk	10-9 Chicken Pancake Sandwich Fruit Got Milk	10-10 Crunchy Cereal V Fruit Got Milk	10-11 Morning Beef Sausage Sandwich Fruit Got Milk
10-14 Crunchy Cereal V Fruit Got Milk	10-15 Turkey Ham & Cheese on Hawaiian Roll Fruit Got Milk	10-16 French Toast Trio - V or Mini French Toast Bites - V Fruit Got Milk	10-17 Cinnamony Pancakes - V Fruit Got Milk	10-18 Breakfast Sausage Square Fruit Got Milk
10-21 French Toast Trio - V Fruit Got Milk	10-22 Fiesta Bean & Cheese Burrito - V Fruit Got Milk	10-23 Chicken Pancake Sandwich Fruit Got Milk	10-24 Crunchy Cereal V Fruit Got Milk	10-25 Turkey Ham & Cheese on Hawaiian Roll Fruit Got Milk
10-28 Crunchy Cereal V Fruit Got Milk	10-29 Morning Beef Sausage Sandwich Fruit Got Milk	10-30 French Toast Trio - V or Mini French Toast Bites - V Fruit Got Milk	10-31 Cinnamony Pancakes - V Fruit Got Milk	

All of the Grain/Bread items served are Whole Grain Rich.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

V: Vegetarian items

Posted 09/11/19